

TEEN/CHILD BIPOLAR QUESTIONNAIRE FORM

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Directions:

Please press the **Tab** key to see the first entry blank (field). In each blank below, type in your answer or select the correct radio button and then press **Tab** to go to the next field. For more help with filling out Acrobat forms, see [help](#). Your teen/child has and/or had the following symptoms and/or behaviors. A behavior may have been noticed as far back as early childhood or may have been observed more recently. In either case, estimate how frequently the behavior has occurred since it was first observed. In the table below, for each **Symptom/Behavior**, check the correct radio button that most accurately describes the **Frequency** column: either **Never (or rarely)**, **Sometimes**, **Often**, or **Very often (or almost constantly)**.

When you are done, please print out the completed form and fax or snail-mail it to the above address.

Thank you!

Teen/Child _____ Date _____

Gender F M Age ____ Birth Date _____

Completed by Mother Father Other _____.

Person Filling Out Form _____

Address _____ Phone _____

Email _____

#	Symptom/Behavior	Frequency
1	displays excessive distress when separated from family	Never/rarely Sometimes Often Very often
2	exhibits excessive anxiety or worry	Never/rarely Sometimes Often Very often
3	has difficulty arising in the AM	Never/rarely Sometimes Often Very often
4	is hyperactive and easily excited in the PM	Never/rarely Sometimes Often Very often
5	has difficulty settling at night	Never/rarely Sometimes Often Very often
6	has difficulty getting to sleep	Never/rarely Sometimes Often Very often
7	sleeps fitfully and/or awakens in the middle of the night	Never/rarely Sometimes Often Very often
8	has night terrors and/or nightmares	Never/rarely Sometimes Often Very often
9	wets bed	Never/rarely Sometimes Often Very often
10	craves sweet-tasting foods	Never/rarely Sometimes Often Very often
11	is easily distracted by extraneous stimuli	Never/rarely Sometimes Often Very often
12	is easily distracted during repetitive chores and lessons	Never/rarely Sometimes Often Very often

#	Symptom/Behavior	Frequency
13	demonstrates inability to concentrate at school	Never/rarely Sometimes Often Very often
14	attempts to avoid homework assignments	Never/rarely Sometimes Often Very often
15	able to focus intently on subjects of interest and yet at times is easily distractible	Never/rarely Sometimes Often Very often
16	has poor handwriting	Never/rarely Sometimes Often Very often
17	has difficulty organizing tasks	Never/rarely Sometimes Often Very often
18	has difficulty making transitions	Never/rarely Sometimes Often Very often
19	has difficulty estimating time	Never/rarely Sometimes Often Very often
20	has auditory processing or short-term memory deficit	Never/rarely Sometimes Often Very often
21	is extremely sensitive to textures of clothes, labels, and tightness of fit of socks or shoes	Never/rarely Sometimes Often Very often
22	exhibits extreme sensitivity to sound and noise	Never/rarely Sometimes Often Very often
23	complains of body temperature extremes or feeling hot despite neutral ambient temperature	Never/rarely Sometimes Often Very often
24	is easily excitable	Never/rarely Sometimes Often Very often
25	has periods of high, frenetic energy and motor activation	Never/rarely Sometimes Often Very often
26	has many ideas at once	Never/rarely Sometimes Often Very often
27	interrupts or intrudes on others	Never/rarely Sometimes Often Very often
28	has periods of excessive and rapid speech	Never/rarely Sometimes Often Very often
29	has exaggerated ideas about self or abilities	Never/rarely Sometimes Often Very often
30	tells tall tales; embellishes or exaggerates	Never/rarely Sometimes Often Very often
31	displays abrupt, rapid mood swings	Never/rarely Sometimes Often Very often
32	has irritable mood states	Never/rarely Sometimes Often Very often
33	has elated or silly, goofy, giddy mood states	Never/rarely Sometimes Often Very often
34	displays precocious sexual curiosity	Never/rarely Sometimes Often Very often
35	exhibits inappropriate sexual behaviors, e.g., openly touches self or other's private parts	Never/rarely Sometimes Often Very often
36	takes excessive risks	Never/rarely Sometimes Often Very often
37	complains of being bored	Never/rarely Sometimes Often Very often
38	has periods of low energy and/or withdraws or isolates self	Never/rarely Sometimes Often Very often
39	has decreased initiative	Never/rarely Sometimes Often Very often

#	Symptom/Behavior	Frequency
40	experiences periods of self doubt and poor self-esteem	Never/rarely Sometimes Often Very often
41	feels easily criticized and/or rejected	Never/rarely Sometimes Often Very often
42	feels easily humiliated or shamed	Never/rarely Sometimes Often Very often
43	fidgets with hands or feet	Never/rarely Sometimes Often Very often
44	is intolerant of delays	Never/rarely Sometimes Often Very often
45	relentlessly pursues own needs and is demanding of others	Never/rarely Sometimes Often Very often
46	is willful and refuses to be subordinated by others	Never/rarely Sometimes Often Very often
47	argues with adults	Never/rarely Sometimes Often Very often
48	is bossy towards others	Never/rarely Sometimes Often Very often
49	defies or refuses to comply with rules	Never/rarely Sometimes Often Very often
50	blames others for his/her mistakes	Never/rarely Sometimes Often Very often
51	is easily angered in response to limit setting	Never/rarely Sometimes Often Very often
52	lies to avoid consequences of his/her actions	Never/rarely Sometimes Often Very often
53	has protracted, explosive temper tantrums	Never/rarely Sometimes Often Very often
54	has difficulty maintaining friendships	Never/rarely Sometimes Often Very often
55	displays aggressive behavior towards others	Never/rarely Sometimes Often Very often
56	has destroyed property intentionally	Never/rarely Sometimes Often Very often
57	curses viciously, uses foul language in anger	Never/rarely Sometimes Often Very often
58	makes moderate threats to others or self	Never/rarely Sometimes Often Very often
59	makes clear threats of violence to others or self	Never/rarely Sometimes Often Very often
60	has made clear threats of suicide	Never/rarely Sometimes Often Very often
61	is fascinated with gore, blood, or violent imagery	Never/rarely Sometimes Often Very often
62	has acknowledged experiencing auditory and/or visual hallucinations	Never/rarely Sometimes Often Very often
63	hoards or avidly seeks to collect objects or food	Never/rarely Sometimes Often Very often
64	has concern with dirt, germs, or contamination	Never/rarely Sometimes Often Very often
65	is very intuitive and/or very creative	Never/rarely Sometimes Often Very often

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